

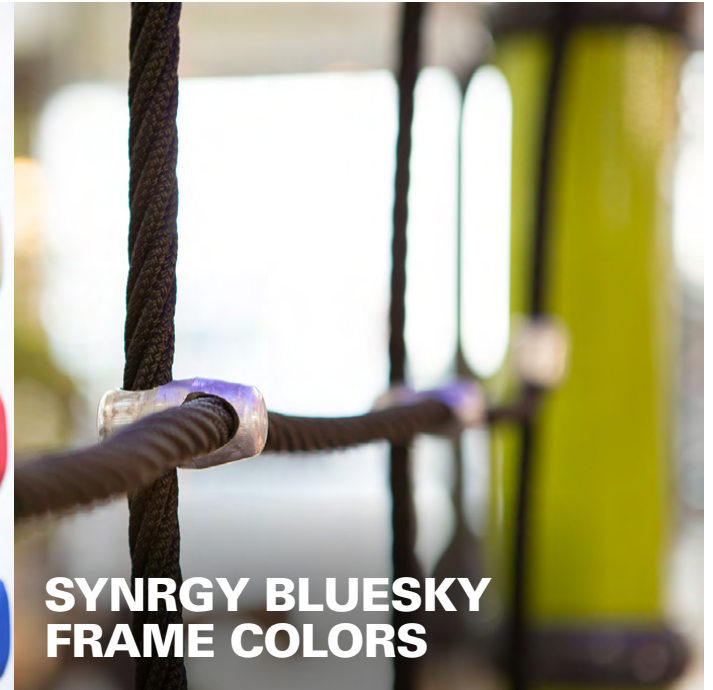
## FRAME & UPHOLSTERY COLORS



**FRAME  
COLORS**



**UPHOLSTERY  
COLORS**



**SYNRGY BLUESKY  
FRAME COLORS**

*LifeFitness*

**HAMMER  
STRENGTH®**

# STRENGTH FRAME COLORS

Custom colors available for:

- Insignia Series
- Signature Series Cable Motion
- Signature Series Plate-Loaded
- SYNRGY360
- Circuit Series
- All Hammer Strength Products

HOME

UPHOLSTERY

SYNRGY BLUESKY

All products are not available in all colors. See chart below for full color specifications.

		LIFE FITNESS								HAMMER STRENGTH				
		INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH	
Candy Apple Red		++	++	++	++	++	++	++	-	-	-	-	-	-
	Red	●	●	●	●	●	●	○	-	●	●	●	●	●
Yellow		●	●	●	●	●	●	○	-	●	●	●	●	●
	Yellow	●	●	●	●	●	●	○	-	●	●	●	●	●
Electric Blue		++	++	++	++	++	++	++	-	-	-	-	-	-
	Electric Blue	●	●	●	●	●	●	○	-	●	●	●	●	●
Ice Blue Metallic*		●	●	●	●	●	●	○	-	●	●	●	●	●
	Ice Blue Metallic*	●	●	●	●	●	●	○	-	●	●	●	●	●
Blue		●	●	●	●	●	●	○	-	●	●	●	●	●
	Blue	●	●	●	●	●	●	○	-	●	●	●	●	●
Mocha Sand (Matte)		●	●	●	●	●	●	○	-	●	+	+	+	+
	Mocha Sand (Matte)	●	●	●	●	●	●	○	-	●	+	+	+	+
Nickel*		●	●	●	●	●	●	○	-	●	●	●	●	●
	Nickel*	●	●	●	●	●	●	○	-	●	●	●	●	●
Titanium*		●	●	●	●	●	●	○	-	●	+	+	+	+
	Titanium*	●	●	●	●	●	●	○	-	●	+	+	+	+
Platinum*		●	●	●	●	●	●	○	-	●	●	●	●	●
	Platinum*	●	●	●	●	●	●	○	-	●	●	●	●	●
Shadow Gray** (Matte)		+	+	+	●	+	-	-	-	+	+	+	+	+
	Shadow Gray** (Matte)	●	●	●	●	●	●	○	-	●	+	+	+	+
Charcoal (Matte)		●	●	●	●	●	●	○	-	●	+	+	+	+
	Charcoal (Matte)	●	●	●	●	●	●	○	-	●	+	+	+	+
Black		●	●	●	●	●	●	○	-	●	●	●	●	●
	Black	●	●	●	●	●	●	○	-	●	●	●	●	●
Midnight Metallic*		●	●	●	●	●	●	○	-	●	●	●	●	●
	Midnight Metallic*	●	●	●	●	●	●	○	-	●	●	●	●	●
Diamond White		●	●	●	●	●	●	○	-	-	-	-	-	-
	Diamond White	●	●	●	●	●	●	○	-	-	-	-	-	-
White		●	●	●	●	●	●	○	-	●	●	●	●	●
	White	●	●	●	●	●	●	○	-	●	●	●	●	●

\*Life Fitness products have a clear second coat finish

\*\*Only available for workarms on Signature Plate-Loaded

All other Hammer Strength products include Athletic Series, Benches & Racks, Plate-Loaded and Ground Base

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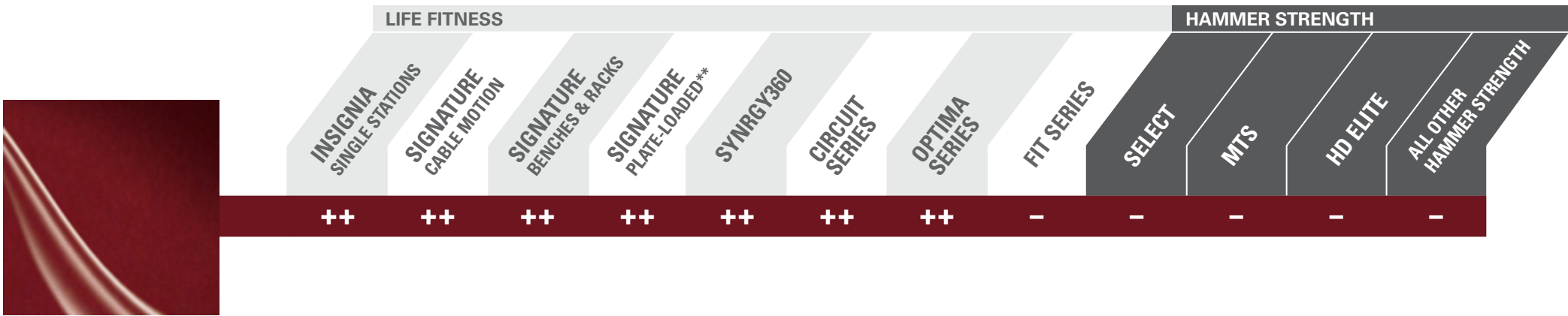
Optional, premium and custom colors available at an additional charge

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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# STRENGTH FRAME COLORS

## CANDY APPLE RED



- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

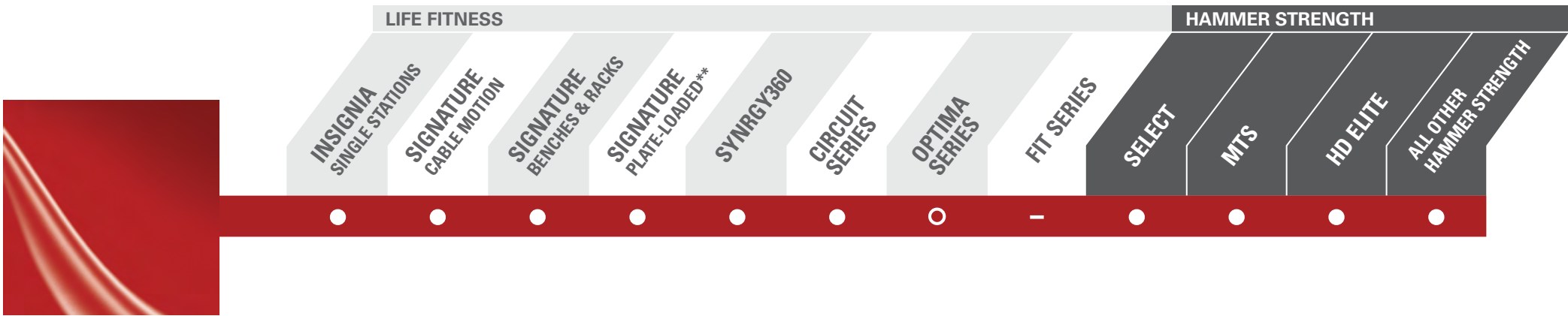
Optional, premium and custom colors available at an additional charge

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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# STRENGTH FRAME COLORS

## RED



- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

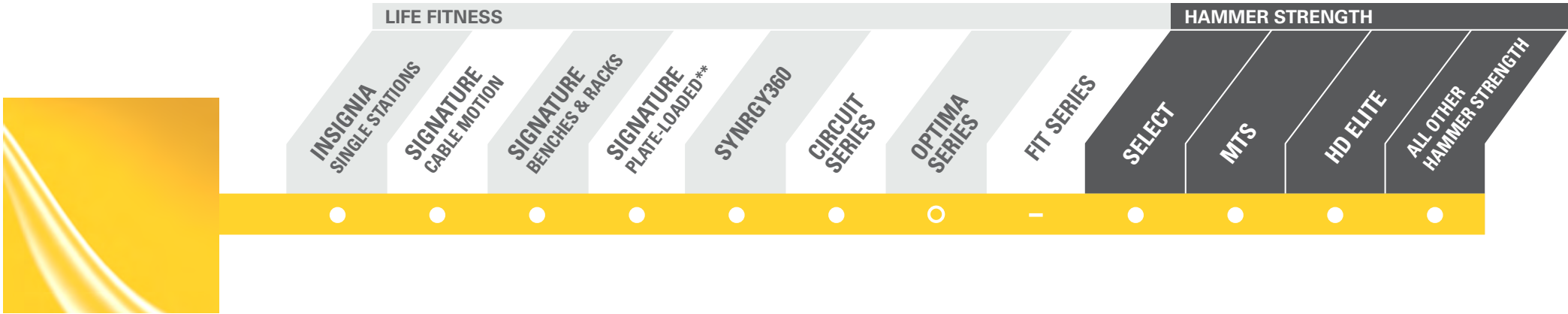
Optional, premium and custom colors available at an additional charge

# STRENGTH FRAME COLORS

## YELLOW

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

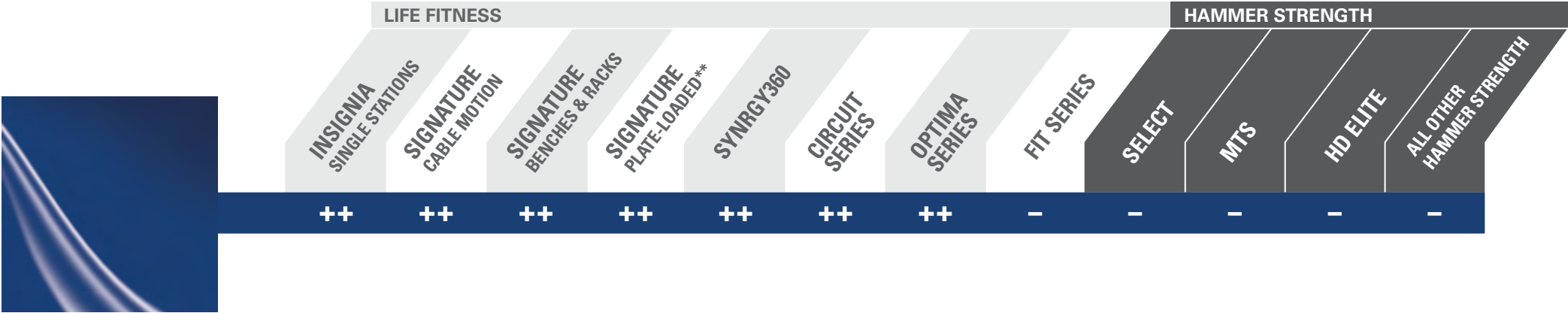
Optional, premium and custom colors available at an additional charge

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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# STRENGTH FRAME COLORS

## ELECTRIC BLUE



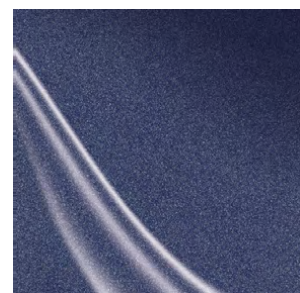
- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

# STRENGTH FRAME COLORS

## ICE BLUE METALLIC\*

Life Fitness products have a  
clear second coat finish



All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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LIFE FITNESS								HAMMER STRENGTH			
INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED**	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH
●	●	●	●	●	●	○	–	●	●	●	●

- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

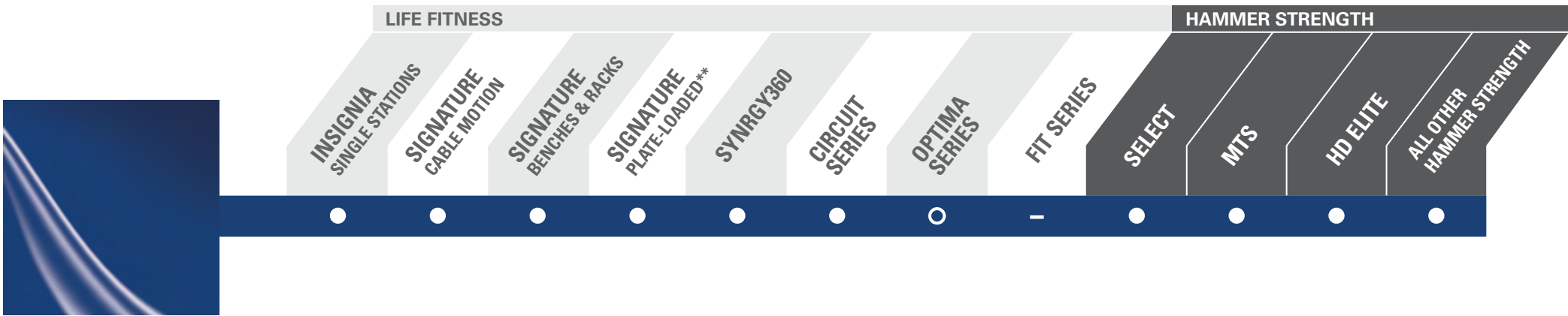
Optional, premium and custom colors available at an additional charge

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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# STRENGTH FRAME COLORS

## BLUE



- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge



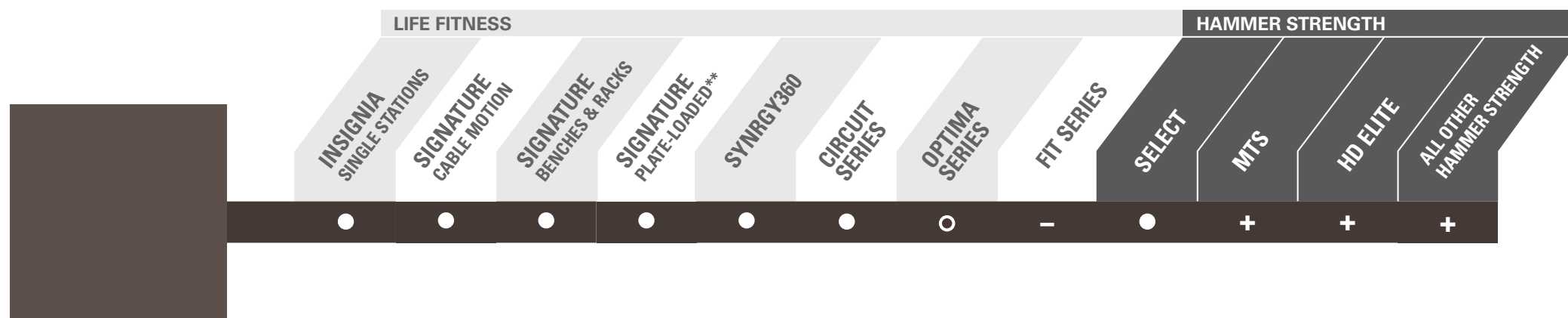
# STRENGTH FRAME COLORS

## MOCHA SAND

Matte Finish

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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# STRENGTH FRAME COLORS

## NICKEL\*

Life Fitness products have a  
clear second coat finish

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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LIFE FITNESS								HAMMER STRENGTH			
INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED**	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH
●	●	●	●	●	●	○	–	●	●	●	●

- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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# STRENGTH FRAME COLORS

## TITANIUM\*

Life Fitness products have a  
clear second coat finish

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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	LIFE FITNESS								HAMMER STRENGTH			
	INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED**	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH
	●	●	●	●	●	●	○	–	●	+	+	+

- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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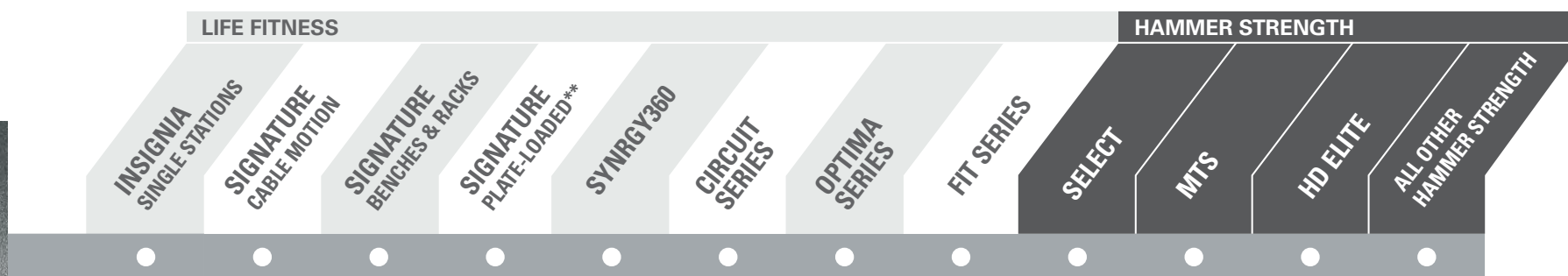
# STRENGTH FRAME COLORS

## PLATINUM\*

Life Fitness products have a  
clear second coat finish

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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# STRENGTH FRAME COLORS

## SHADOW GRAY

Matte Finish

Only available for workarms  
on Signature Plate-Loaded



All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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LIFE FITNESS								HAMMER STRENGTH			
INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED**	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH
+	+	+	●	+	–	–	–	+	+	+	+

- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge



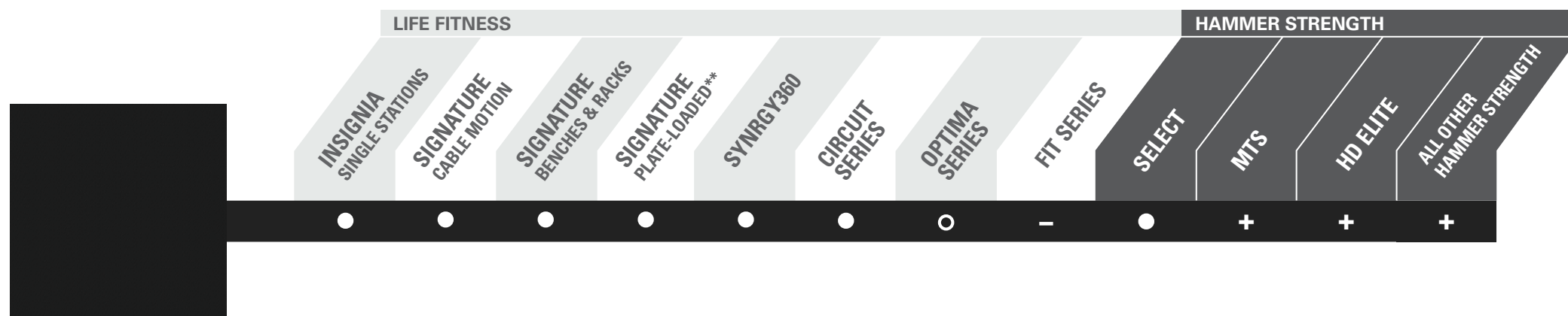
# STRENGTH FRAME COLORS

## CHARCOAL

Matte Finish

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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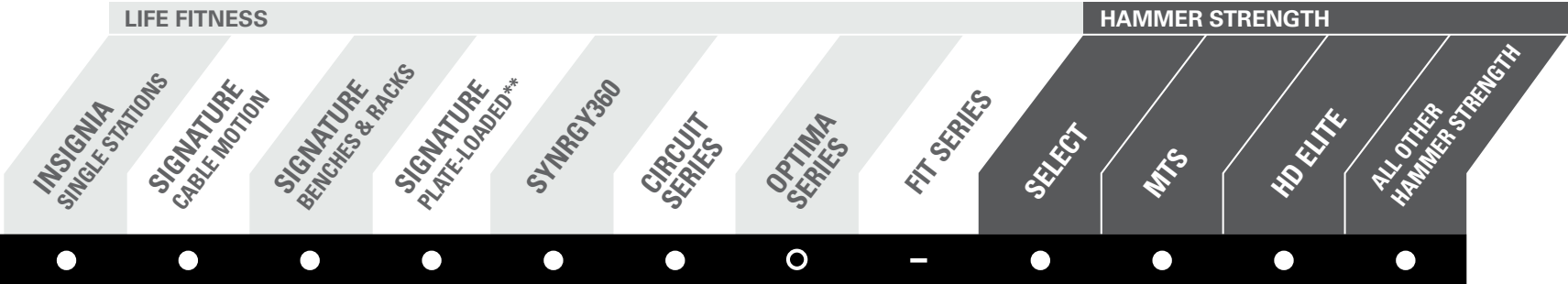
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All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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# STRENGTH FRAME COLORS

## BLACK



- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

# STRENGTH FRAME COLORS

## MIDNIGHT METALLIC\*

Life Fitness products have a  
clear second coat finish



All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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LIFE FITNESS								HAMMER STRENGTH			
INSIGNIA SINGLE STATIONS	SIGNATURE CABLE MOTION	SIGNATURE BENCHES & RACKS	SIGNATURE PLATE-LOADED**	SYNRGY360	CIRCUIT SERIES	OPTIMA SERIES	FIT SERIES	SELECT	MTS	HD ELITE	ALL OTHER HAMMER STRENGTH
●	●	●	●	●	●	○	–	●	●	●	●

- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

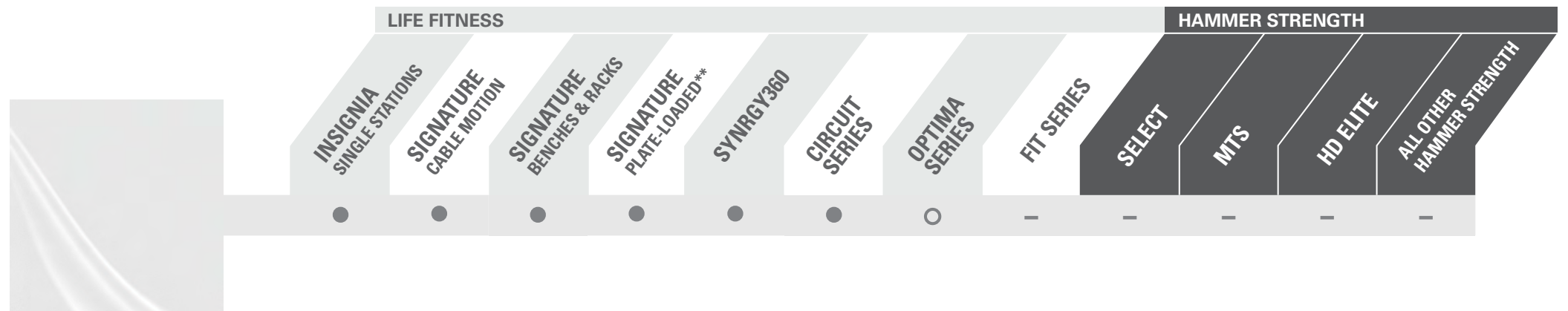
Optional, premium and custom colors available at an additional charge

# STRENGTH FRAME COLORS

## DIAMOND WHITE

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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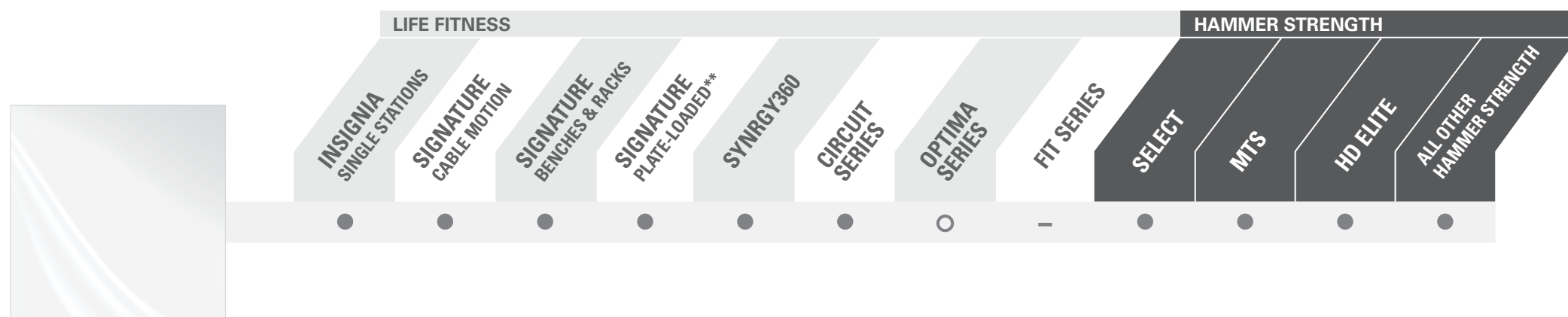
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# STRENGTH FRAME COLORS

## WHITE

All products are not available in all colors. See chart for full color specifications.

KEY	● Standard	○ Optional	+ Custom	++ Premium	– Unavailable
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- HOME
- FRAME CHART
- UPHOLSTERY
- SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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# STRENGTH UPHOLSTERY COLORS

1. Fit Series is available  
in black only.

2. Optima Series available in  
black standard. All other  
colors are optional.

3. Limited custom available for:  
-Insignia Series  
-Signature Series  
-SYNRGY360  
-Circuit Series  
-All Hammer Strength Products



HOME

FRAME CHART

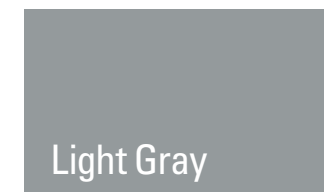
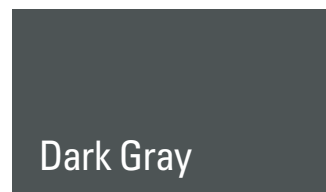
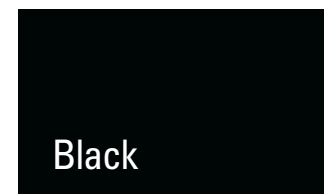
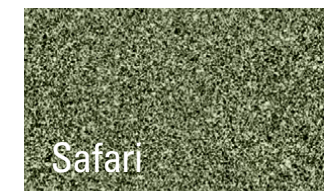
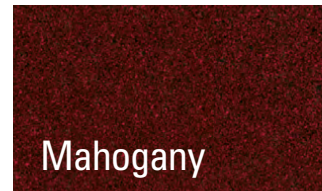
SYNRGY BLUESKY

Optional, premium and custom colors available at an additional charge

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## SYNRGY BLUESKY FRAME COLORS



HOME

FRAME CHART

UPHOLSTERY

Optional, premium and custom colors available at an additional charge

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